

INGREDIENTS

- 400-500g whole chicken breasts, thighs or legs
- 3 onions, two chopped, one peeled and left whole
- 2 garlic cloves, crushed /chopped
- 2 carrots, chopped
- 2 celery stalks
- 2 knobs of butter
- 1.5 litres water
- 1 cup rice and 2 cups water (for cooking rice)
- Salt and pepper

JOANNE'S CHICKEN SOUP

Serves 4

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METHOD

- 1. Fry the two chopped onions and garlic until soft.
- 2. Add the chicken to the pan and fry until starting to brown, turning once and seasoning with salt and pepper.
- Add the chopped veg and mix together.
- 4. Add the water and the whole onion and set to simmer for 30-40 mins.
- Boil the rice in a separate pot (with a good pinch of salt).
- 6. Remove the chicken pieces from the soup pot and shred with a knife and fork (removing bones if not boneless). Put the shredded chicken in the soup, along with the rice. Season again well, to your taste.
- 7. Stir together before serving.