

INGREDIENTS

- 1kg potatoes, chopped
- 1 onion, chopped
- 2 garlic cloves, crushed /chopped
- 3 spring onions, chopped
- 100g spinach
- 1 tin chopped tomatoes
- 2-3 tbsp tomato puree
- 145g tin of tuna, drained
- 125g mozzarella ball
- Salt, pepper
- Oil or butter for frying
- Fresh basil, chopped

TUNA & MOZZARELLA OVEN BAKE

Serves 4

www.eatsrosyth.org.uk /easy-eats-tuna-mozzarella -oven-bake

METHOD

- 1. Chop potatoes and boil until soft. Meanwhile chop the onion, garlic and spring onion.
- 2. Preheat oven to 220C. Drain the potatoes and remove them from the pot.
- 3. In the pot, fry the onion and garlic until soft and then add the spinach and spring onion, frying for a further minute.
- 4. Add the chopped tomatoes, puree and tuna, mixing and seasoning (taste it!). Simmer on low to medium heat for 10 mins.
- 5. Add the potato back in, mix, then transfer to oven dish.
- 6. Tear or slice the mozzarella and spread it out on top of the mix, then sprinkle the basil.
- 7. Put on the oven's middle shelf for 10-15 mins, until the cheese is starting to brown, then serve.